

# The number of sumsets in a finite field

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## Abstract

We prove that there are  $2^{p/2+o(p)}$  distinct sumsets  $A + B$  in  $\mathbb{F}_p$  where  $|A|, |B| \rightarrow \infty$  as  $p \rightarrow \infty$ .

## 1 Introduction

For any subsets  $A$  and  $B$  of a group  $G$  we define the *sumset*

$$A + B := \{a + b : a \in A, b \in B\}$$

There are  $2^n$  subsets of an  $n$  element additive group  $G$  and every one of them is a sumset, since  $A = A + \{0\}$  for every  $A \subset G$ . However if we restrict our summands to be slightly larger, then something surprising happens when  $G = \mathbb{F}_p$ : there are far fewer sumsets:

**Theorem 1.** *Let  $\psi(x)$  be any function for which  $\psi(x) \rightarrow \infty$  and  $\psi(x) \leq x/4$  as  $x \rightarrow \infty$ . There are exactly  $2^{p/2+o(p)}$  distinct sumsets in  $\mathbb{F}_p$  with summands of size  $\geq \psi(p)$ ; that is, exactly  $2^{p/2+o(p)}$  distinct sets of the form  $A + B$  with  $|A|, |B| \geq \psi(p)$  where  $A, B \subset \mathbb{F}_p$ .*

Green and Ruzsa [GrRu] proved that there are only  $2^{p/3+o(p)}$  distinct sumsets  $A + A$  in  $\mathbb{F}_p$ . The count in Theorem 1 cannot be decreased by restricting the size of one of the sets:

**Theorem 2.** *For any given prime  $p$  and integer  $k$  satisfying  $k = o(p)$ , there exists  $A \subset \mathbb{F}_p$  with  $|A| = k$  for which there are at least  $2^{p/2+o(p)}$  distinct sumsets of the form  $A + B$  with  $B \subset \mathbb{F}_p$ .*

These results do not give a good idea of the number of distinct sumsets of the form  $A + B$ , as  $B$  varies through the subsets of  $\mathbb{F}_p$  when  $A$  has a given small size.

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**Theorem 3.** For each fixed integer  $k \geq 1$  there exists a constant  $\mu_k \in [\sqrt{2}, 2]$  such that

$$\max_{A \subset \mathbb{F}_p, |A|=k} \#\{A + B : B \subset \mathbb{F}_p\} = \mu_k^{p+o(p)}. \quad (1)$$

We have  $\mu_1 = 2$ ,  $\mu_2 := 1.754877666\dots$ , the real root of  $x^3 - 2x^2 + x - 1$  and, for each fixed integer  $k \geq 3$ , we have

$$\sqrt{2} + \frac{1}{3^k} \leq \mu_k \leq \sqrt{2} + O\left(\sqrt{\frac{\log k}{k}}\right). \quad (2)$$

Moreover  $\mu_k \leq (5^5/2^23^3)^{1/5} = 1.960131704\dots$  for all  $k \geq 2$ , so that if  $|A| \geq 2$  then

$$\#\{A + B : B \subset \mathbb{F}_p\} \leq 1.9602^{p+o(p)}.$$

*Remark:* With a more involved method the constant 1.9602 in the last bound can be improved to 1.9184 (see [Ubi]).

We immediately deduce the following complement to Theorem 1:

**Corollary 1.** Fix integer  $k \geq 1$ . Let  $\mu_k^* = \max_{\ell \geq k} \mu_\ell$ . There are exactly  $(\mu_k^*)^{p+o(p)}$  distinct sumsets in  $\mathbb{F}_p$  with summands of size  $\geq k$ .

The existence of  $\mu_k$  is deduced from the following result involving sumsets over the integers. Define  $S(A, G)$  to be the number of distinct sumsets  $A + B$  with  $B \subset G$ ; above we have looked at  $S(A, \mathbb{F}_p)$ , but now we look at  $S(A, \{1, 2, \dots, N\})$ :

**Proposition 1.** For any finite set of non-negative integers  $A$  with largest element  $L$ , there exists a constant  $\mu_A$  such that  $S(A, \{1, 2, \dots, N\}) = \mu_A^{N+O(L)}$ . Moreover

$$\mu_k = \sup_{\substack{A \subset \mathbb{Z}_{\geq 0} \\ |A|=k}} \mu_A.$$

By Theorem 3 (or by Theorems 1 and 2 taken together) we know that  $\mu_k \rightarrow \sqrt{2}$  as  $k \rightarrow \infty$ . In fact we believe that it does so monotonically:

**Conjecture 1.** We have  $\mu_1 = 2 > \mu_2 > \mu_3 > \dots > \mu_k > \dots > \sqrt{2}$ .

If this is true then  $\mu_k^* = \mu_k$ , evidently.

One can ask even more precise questions, for example for the number of distinct sumsets  $A + B$  where the sizes of  $A$  and  $B$  are given: Define

$$S_{k,\ell}(G) = \#\{A + B : A, B \subset G, |A| = k, |B| = \ell\}.$$

for any integers  $k, \ell > 1$ . By Theorem 1 we know that if  $k, \ell \rightarrow \infty$  as  $p \rightarrow \infty$  then  $S_{k,\ell}(\mathbb{F}_p) \leq 2^{p/2+o(p)}$ . We wish to determine for which values of  $k$  and  $\ell$  we have that  $S_{k,\ell}(\mathbb{F}_p) \geq 2^{p/2+o(p)}$ . The Cauchy-Davenport Theorem [Cau] says that for any  $A, B \subset \mathbb{F}_p$  we have  $|A + B| \geq \min(p, |A| + |B| - 1)$ , hence  $S_{k,\ell}(\mathbb{F}_p) = O(1)$  whenever  $k + \ell > p - O(1)$ . Let us see what we can say otherwise

**Theorem 4.** Let  $\phi = \frac{1+\sqrt{5}}{2}$  and let  $\psi(x)$  be any function for which  $\psi(x) \rightarrow \infty$  as  $x \rightarrow \infty$ .

(i) If  $k + \ell \leq \sqrt{p}$  then  $S_{k,\ell}(\mathbb{F}_p) \gg \binom{\lfloor p/2 \rfloor}{k+\ell-2} / \sqrt{\min\{k, \ell\}}$

If  $k + \ell \leq p/2\phi$  then  $S_{k,\ell}(\mathbb{F}_p) \geq p^{O(1)} \binom{\lfloor p/2 \rfloor}{k+\ell}$

If  $\phi p/3 + O(1) > k + \ell > p/2\phi$  then  $S_{k,\ell}(\mathbb{F}_p) \gg \phi^{p-k-\ell}/p$ .

If  $p \geq k + \ell \geq \phi p/3 + O(1)$  then  $S_{k,\ell}(\mathbb{F}_p) \gg p\phi^{p-k-\ell}/(p+1-k-\ell)$ .

In summary, if  $k + \ell \leq p$  then  $S_{k,\ell}(\mathbb{F}_p) \geq p^{O(1)} \max_h \binom{\lfloor (p-h)/2 \rfloor}{k+\ell-h}$

(ii) For any integers with  $k, \ell \geq \psi(p)$  and  $p - k - \ell \gg p$ , we have  $S_{k,\ell}(\mathbb{F}_p) \ll \binom{x}{k+\ell}^{1+o(1)}$  with  $x$  such that  $2^{p-x} \sim \binom{x}{k+\ell}$ .

In particular, if  $k, \ell \geq \psi(p)$  then

$$S_{k,\ell}(\mathbb{F}_p) = 2^{p/2+o(p)} \tag{3}$$

if and only if  $k + \ell \sim p/4$ .

Note that Theorem 4(ii) cannot hold for  $k + \ell$  very close to  $p$  by the last estimate in Theorem 4(i)

The structure of sumsets has a rich history, from Cauchy [Cau] onwards, and has been studied from several different perspectives. Most important are lower bounds on the size of the sumset, the lattice structure of  $A$  and  $B$  when the size of the sumset  $A + B$  is not much larger than that of  $A$  and  $B$  (i.e. the Freiman-Ruzsa theorem), and the discovery of long arithmetic progressions in the sumset  $A + B$  when it is fairly small.

From our problem, many questions naturally arise:

- Give a precise asymptotic for the number of sumsets in  $\mathbb{F}_p$  as well as for the number of sumsets  $A + A$  in  $\mathbb{F}_p$ .
- Which sets  $S$  have at least  $2^{cp}$  representations as  $A + B$  for a given  $c > 0$ , and in particular for  $c = 1/2$  ?
- Can one quickly identify a sumset  $S$  in  $\mathbb{F}_p$ , where  $S = A + B$  with  $|A|, |B| \geq k$  ? Perhaps (though this seems unlikely) any sumset contains enough structure that is quickly identifiable? Perhaps most non-sumsets are easily identifiable in that they lack certain structure? We do know [Al] that any complement of a set of size  $\leq c \frac{\sqrt{p}}{\sqrt{\log p}}$  is a sumset  $A + A$  for some  $A \subset \mathbb{F}_p$ , for some absolute constant  $c > 0$ .
- Given a set  $S$  for which there exist sets  $A, B$  with  $|A| = k$ ,  $|B| = \ell$  such that  $A + B = S$ , can one find such a pair  $A, B$  quickly?
- Can one quickly identify those sumsets in  $\mathbb{F}_p$  which have many representations as  $A + B$ ?

- Estimate the size of the smallest possible collection  $\mathcal{C}_k$  of sets in  $\mathbb{F}_p$  such that if  $S = A + B$  where  $|A|, |B| \geq k$  then there exist  $A, B \in \mathcal{C}_k$  for which  $S = A + B$
- Perhaps even something stronger than Conjecture 1 is true: for any  $A \subset \mathbb{Z}$  of size  $1 < k < \infty$ , does there exist  $a \in A$  such that  $\mu_{A \setminus \{a\}} > \mu_A$ ?

## 2 Lower bounds

For a given integer  $k$  let

$$A = \{0, [(p-k)/2] + 1, [(p-k)/2] + 2, \dots, [(p-k)/2] + k - 1\}.$$

For *any* subset  $B$  of  $\{0, 1, 2, \dots, [(p-k)/2]\}$ , we see that  $A + B \subset [0, p-1]$  and

$$B = (A + B) \cap \{0, 1, \dots, [(p-k)/2]\},$$

and thus the sets  $A + B$  are all distinct. Hence there are at least  $2^{[(p-k)/2]+1} \geq 2^{(p-k)/2}$  distinct sets  $A + B$  as  $B$  varies over the subsets of  $\mathbb{F}_p$ . This implies Theorem 2, hence the lower bound in Theorem 1 when  $\psi(p) = o(p)$ , and it also implies the lower bound  $\mu_k \geq \sqrt{2}$  in Theorem 3.

$$\text{Let } A = \{0\} \cup [x+1, \dots, x+k-u-1] \cup (x+k-u-1 + A_1)$$

$$\text{and } B = B_1 \cup [x+1, \dots, x+\ell-v-1] \cup \{x+\ell-v-1+y\}$$

where  $A_1 \subset [1, y]$  with  $|A_1| = u$ , and  $B_1 \subset [1, x]$  with  $|B_1| = v$ , where  $u < k, y$ , and  $v < \ell, x$ . Therefore  $B_1 = (A+B) \cap [1, x]$  and  $N+A_1 = (A+B) \cap (N+[1, y])$  for  $N = 2x+y+k+\ell-u-v-2$ . Also  $A + B \subset [0, p-1]$  provided  $2x+2y+k+\ell-u-v-2 < p$ . Therefore  $S_{k,\ell} \geq \binom{y}{u} \binom{x}{v}$ .

If  $k+\ell \leq p/2\phi$  then we select  $u = k-1, v = \ell-1, y = [p(k-1)/2(k+\ell-2)], x = (p-1)/2-y$ . This gives  $S_{k,\ell} \geq p^{O(1)} \binom{[p/2]}{k+\ell}$  by Stirling's formula;  $S_{k,\ell} \gg \binom{[p/2]}{k+\ell-2} / \sqrt{\min\{k, \ell\}}$  if  $k+\ell \leq \sqrt{p}$ .

If  $k+\ell > p/2\phi$  then we select  $u = [k(p+1-k-\ell)/\sqrt{5}(k+\ell)], v = [\ell(p+1-k-\ell)/\sqrt{5}(k+\ell)], y = [\phi u], x = [\phi v]$  to obtain  $S_{k,\ell} \gg \phi^{p-k-\ell} / (p+1-k-\ell)$  by Stirling's formula. If  $k+\ell \geq \phi p/3 + O(1)$  then we change the above construction slightly: If instead we take  $B_1 \subset [0, x-1]$  then there is a unique block of  $\geq k+\ell-u-v-3$  consecutive integers in  $A+B$  starting with  $2x+2$ . Now we can also consider the sums  $(r+A) + B$ , for any  $r \pmod{p}$ ; notice that we can identify the value of  $r$  from  $A+B$ , since the longest block of consecutive integers in  $A+B$  starts with  $2x+2+r$ . Hence  $S_{k,\ell} \gg p\phi^{p-k-\ell} / (p+1-k-\ell)$ .

These last three paragraphs together imply the first part of Theorem 4.

Now, given  $k \leq p/4$ , select  $\ell = [p/4] - k$  so that, by the above, there are  $\geq p^{O(1)} \binom{[p/2]}{[p/4]} = 2^{p/2} p^{O(1)}$  distinct sumsets  $A+B$  as  $A$  and  $B$  vary over the subsets of  $\mathbb{F}_p$  of size  $k$  and  $\ell$  respectively. This implies the lower bound in Theorem 1.

### 3 First upper bounds

In this section we shall use a combinatorial argument to bound the number of sumsets  $A + B$  whenever  $A$  is small, in which case we can consider  $A$  fixed. Throughout we let  $r_{C+A}(n)$  (and  $r_{C-A}(n)$ ) denote the number of representations of  $n$  as  $c + a$  (respectively,  $c - a$ ) with  $a \in A$  and  $c \in C$ .

**Proposition 2.** *Let  $G$  be an abelian group of order  $n$  and let  $A \subset G$  be a subset of size  $k \geq 2$ . Then*

$$\#\{A + B : B \subset G\} \leq n \min_{2 \leq \ell \leq k} \sum_{j=0}^n \binom{n}{[j/\ell]} \min\{2^{n-j}, 2^{\lfloor jk/(k-\ell+1) \rfloor}\}. \quad (4)$$

*Proof.* Given a set  $B$  we order the elements of  $B$  by greed, selecting any  $b_1 \in B$ , and then  $b_2 \in B$  so as to maximize  $(A + \{b_2\}) \setminus (A + \{b_1\})$ , then  $b_3 \in B$  so as to maximize  $(A + \{b_3\}) \setminus (A + \{b_1, b_2\})$ , etc. Let  $B_\ell$  be the set of  $b_i$  such that  $A + \{b_1, b_2, \dots, b_i\}$  contains at least  $\ell$  more elements than  $A + \{b_1, b_2, \dots, b_{i-1}\}$ , and suppose that  $|B_\ell + A| = j$ . By definition  $j = |B_\ell + A| \geq \ell|B_\ell|$ , so that  $|B_\ell| \leq [j/\ell]$  and so there are no more than  $\sum_{i \leq [j/\ell]} \binom{n}{i}$  choices for  $B_\ell$ . Note that  $j/\ell \leq n/2$ , for  $\ell \geq 2$ , and so  $\sum_{i \leq [j/\ell]} \binom{n}{i} \leq n \binom{n}{[j/\ell]}$ . Next we have to determine the number of possibilities for  $A + B$  given  $B_\ell$  (and hence  $B_\ell + A$ ):

Our first argument: Since  $B_\ell + A \subset B + A \subset G$ , the number of such sets  $A + B$  is at most the total number of sets  $H$  for which  $B_\ell + A \subset H \subset G$ , which equals  $2^{n-j}$ .

Our second argument: Let  $C = B_\ell + A$ , and let  $D$  be the set of  $d \in G$  for which  $r_{C-A}(d) \geq k + 1 - \ell$ . If  $b \in B \setminus B_\ell$  then  $r_{C-A}(b) = |(b + A) \cap (B_\ell + A)| \geq k + 1 - \ell$ , so that  $b \in D$ . Hence  $(B \setminus B_\ell) \subset D$ , and so there are  $\leq 2^{|D|}$  possible sets  $B \setminus B_\ell$ , and hence  $B$ , and hence  $A + B$ . Now

$$|D|(k + 1 - \ell) \leq \sum_{d \in G} r_{C-A}(d) = |A||C| = kj,$$

so that  $|D| \leq kj/(k + 1 - \ell)$ , and the result follows.  $\square$

*Simplifying the upper bound:* The upper bound in Proposition 2 is evidently

$$\leq n^2 \min_{2 \leq \ell \leq k} \max_{0 \leq j \leq n} \binom{n}{[j/\ell]} \min\{2^{n-j}, 2^{\lfloor jk/(k-\ell+1) \rfloor}\}.$$

Now  $\binom{n}{[j/\ell]} 2^{\lfloor jk/(k-\ell+1) \rfloor}$  is a non-decreasing function of  $j$ , as  $\ell \geq 2$ , and so the above is

$$\leq n^2 \min_{2 \leq \ell \leq k} \max_{\frac{(k-\ell+1)}{(2k-\ell+1)}n \leq j \leq n} \binom{n}{[j/\ell]} 2^{n-j}.$$

The  $(j + \ell)$ th term equals the  $j$ th term times  $(n - [j/\ell])/2^\ell([j/\ell] + 1)$ . This is  $< 1$  if and only if  $n < (2^\ell + 1)[j/\ell] + 2^\ell$ . Now

$$(2^\ell + 1)[j/\ell] + 2^\ell > \frac{(2^\ell + 1)}{\ell} j \geq \frac{(2^\ell + 1)}{\ell} \cdot \frac{(k - \ell + 1)}{(2k - \ell + 1)} n,$$

and this is  $\geq n$  unless  $\ell = k \leq 4$ . Hence one minimizes by taking  $j = \frac{(k-\ell+1)}{(2k-\ell+1)}n + O(1)$  at a cost of a factor of at most  $n$ . Therefore our bound becomes  $\ll n^{O(1)}\nu_k^n$  where  $\nu_k := \min_{2 \leq \ell \leq k} \nu_{k,\ell}$  and

$$\nu_{k,\ell} := \left( \frac{2^k(\ell(2k-\ell+1))^{2k-\ell+1}}{(k-\ell+1)^{\frac{k-\ell+1}{\ell}}(\ell(2k-\ell+1) - (k-\ell+1))^{2k-\ell+1-\frac{k-\ell+1}{\ell}}} \right)^{\frac{1}{2k-\ell+1}},$$

using Stirling's formula. A brief Maple calculation yields that  $\nu_k > 2$  for all  $k \leq 7$  and  $\nu_8 = 1.982301294$ ,  $\nu_9 = 1.961945316$ ,  $\nu_{10} = 1.942349376, \dots$ , with  $\nu_k < 1.91$  for  $k \geq 12$ , and  $\nu_k$  decreasing rapidly and monotonically (e.g.  $\nu_k < 1.9$  for  $k \geq 13$ ,  $\nu_k < 1.8$  for  $k \geq 23$ ,  $\nu_k < 1.7$  for  $k \geq 45$ , and  $\nu_k < 1.6$  for  $k \geq 117$ ). In general taking  $\ell$  so that  $\ell^2 \sim k \log k / \log 2$ , one gets that

$$\nu_k = \sqrt{2} \exp \left( \left( \frac{1}{2} + o(1) \right) \sqrt{\frac{\log 2 \cdot \log k}{k}} \right),$$

which implies the upper bound in (2) of Theorem 3, as well as the upper bound implicit in Theorem 1 when  $\min\{|A|, |B|\} = o(p)$ .

## 4 Upper bounds on $S_{k,\ell}(\mathbb{F}_p)$ using combinatorics

The value of  $x$  in Theorem 4(ii) must always lie in the range  $[p/2, p]$  since  $\binom{x}{k+\ell} \leq 2^x$ . Therefore if  $k + \ell = o(p)$  then the number of sumsets  $A + B$  is smaller than the number of possibilities for  $A$  and  $B$  so that

$$S_{k,\ell}(\mathbb{F}_p) \leq \binom{p}{k} \binom{p}{\ell} = \binom{p}{k+\ell} 2^{O(k+\ell)} = \binom{x}{k+\ell} 2^{O(k+\ell)} = \binom{x}{k+\ell}^{1+o(1)}.$$

The Cauchy-Davenport Theorem states that  $|A + B| \geq \min\{|A| + |B| - 1, p\}$ , so that

$$S_{k,\ell}(\mathbb{F}_p) \leq \sum_{j=k+\ell-1}^p \binom{p}{j} \ll \binom{p}{k+\ell-1}$$

for  $k+\ell > (1/2+\epsilon)p$ . For the last part of Theorem 4, note that this is  $< 2^{8p/17}$  for  $k+\ell \geq 9p/10$ .

Now we consider the case  $\ell, p - k - \ell \gg p$  with  $k < o(p)$  and  $k \rightarrow \infty$ . For each fixed  $A$  of cardinality  $k$  and  $B$  of cardinality  $\ell$ , we proceed as in Proposition 2 (taking  $\ell$  there as  $m$  here, and choosing  $m = o(k)$  with  $m \rightarrow \infty$ ): Hence there exists a subset  $B_m \subset B$  with  $|A + B_m| = j$  and  $|B_m| \leq j/m \leq p/m$ , and a subset  $D$ , determined by  $A$  and  $B_m$ , with  $|D| \leq \frac{kj}{k+1-m} \leq j(1 + O(m/k))$  and  $B \setminus B_m \subset D$ . Now  $A + B = (A + B_m) \cup (A + (B \setminus B_m))$  so the number of possibilities for  $(A + B) \setminus (A + B_m)$  is bounded above by the number of subsets of  $\mathbb{F}_p \setminus (A + B_m)$ , which is  $2^{p-j}$ , and also by the number of subsets of  $D$  with cardinality in the range  $[\ell - \lfloor j/m \rfloor, \ell]$ , which is

$$\leq \sum_{i=\ell-\lfloor j/m \rfloor}^{\ell} \binom{|D|}{i} \leq 2^{o(p)} \binom{j}{\ell+k},$$

since  $|D| \leq j + o(p)$  and  $i = \ell + k + o(p)$ . Hence the number of possible sumsets  $A + B$  is bounded by  $\binom{p}{k} \leq 2^{o(p)}$ , the number of possibilities for  $A$ , times  $\sum_{i \leq [p/m]} \binom{p}{i} \leq 2^{o(p)}$ , the number of possibilities for  $B_m$ , times  $2^{o(p)} \min\{\binom{j}{\ell+k}, 2^{p-j}\}$ , the number of possibilities for  $(A + B) \setminus (A + B_m)$ . This gives us the upper bound

$$S_{k,\ell}(\mathbb{F}_p) \leq 2^{o(p)} \min\left\{\binom{j}{\ell+k}, 2^{p-j}\right\} = 2^{(1+o(1))(p-x)} \quad (5)$$

where  $x$  is chosen as in Theorem 4(ii), noting that  $p - x \gg p$  as  $\ell + k \gg p$ .

## 5 Sumsets from big sets

We modify, simplify and generalize Green and Ruzsa's argument [GrRu], which they used to bound the number of sumsets  $A + A$  in  $\mathbb{F}_p$ : For a given set  $S$ , define  $dS := \{ds : s \in S\}$ . Let  $G = \mathbb{Z}/m\mathbb{Z}$ . For any  $A \subset G$  define  $\hat{A}(x) = \sum_{a \in A} e(ax/m)$ . For a given positive integer  $L < m$  let  $H$  be the set of integers in the interval  $[-(L-1), L-1]$ . For a given integer  $d$  with  $1 < dL < m$  we partition the integers in  $[1, m]$  as best as we can into arithmetic progressions with difference  $d$  and length  $L$ . That is for  $1 \leq i \leq d$  we have the progressions

$$I_{i,k} := \{i + jd : kL \leq j \leq \min\{(k+1)L - 1, [(m-i)/d]\}\}$$

for  $0 \leq k \leq [(m-i)/Ld]$ . We then let  $A_{L,d}$  be the union of the  $I_{i,k}$  that contain an element of  $A$  (so that  $A \subset A_{L,d}$ ). Note that there are  $\leq [m/L] + d$  such intervals  $I_{i,k}$ .

Our goal is to prove the following analogy to Proposition 3 in [GrRu]:

**Proposition 3.** *If  $A, B \subset \mathbb{Z}/m\mathbb{Z}$ , with  $\alpha = |A|/m$  and  $\beta = |B|/m$  and*

$$m > (4L)^{1+16\alpha\beta L^4 \epsilon_2^{-2} \epsilon_3^{-1}}, \quad \text{with } L \geq 3, \quad (6)$$

*then there exists an integer  $d$ , with  $1 \leq d \leq m/4L$ , such that  $A + B$  contains all those values of  $n$  for which  $r_{A_{L,d}+B_{L,d}}(n) > \epsilon_2 m$ , with no more than  $\epsilon_3 m$  exceptions.*

In this paragraph we follow the proof of Proposition 3 in [GrRu] (with the obvious modifications):

**Lemma 1.** *If  $A \subset \mathbb{Z}/m\mathbb{Z}$  then there exists  $1 \leq d \leq m/4L$  such that*

$$|\hat{A}(x)|^2 \left| 1 - \left( \frac{\hat{H}(dx)}{2L-1} \right)^2 \right|^2 \leq \frac{\log 4L}{\log(m/4L)} |A|m, \quad \text{with } L \geq 3,$$

*for all  $x \in \mathbb{Z}/m\mathbb{Z}$ .*

*Proof.* (Sketch) Fix  $\delta$  so that the right side above equals  $(\delta m)^2$ , and hence  $\delta \geq 2/m$ . Let  $R$  be the set of  $r \in \mathbb{Z}/m\mathbb{Z}$  such that  $|\hat{A}(r)| \geq \delta m$ ; the result follows immediately for any  $x \notin R$ . By Parseval's inequality we have

$$|R|(\delta m)^2 \leq \sum_{r \in R} |\hat{A}(r)|^2 \leq \sum_r |\hat{A}(r)|^2 = m|A|,$$

so that  $|R| \leq \delta^{-2}|A|/m$ . Moreover, by the arithmetic-geometric mean inequality, we have

$$\prod_{r \in R} |\hat{A}(r)|^2 \leq \left( \frac{1}{|R|} \sum_{r \in R} |\hat{A}(r)|^2 \right)^{|R|} \leq \left( \frac{1}{|R|} \sum_r |\hat{A}(r)|^2 \right)^{|R|} = \left( \frac{m|A|}{|R|} \right)^{|R|}.$$

Consider the vectors  $v_i \in [0, 1]^{|R|}$  with  $r$ th coordinate  $ri/m \pmod{1}$  for each  $r \in R$ . If we partition the unit interval for the  $r$ th coordinate into intervals of roughly equal length, all  $\leq (\delta m)^{1/2}/(4L-1)|\hat{A}(r)|^{1/2}$  (which is  $\leq 1/(4L-1)$ ), then, by the pigeonhole principle, two such vectors, with  $0 \leq i < j \leq m/4L$ , lie in the same intervals since

$$\begin{aligned} \prod_{r \in R} \left( 1 + (4L-1) \left| \frac{\hat{A}(r)}{\delta m} \right|^{1/2} \right) &\leq \prod_{r \in R} 4L \left| \frac{\hat{A}(r)}{\delta m} \right|^{1/2} \leq \left( \frac{4L}{(\delta m)^{1/2}} \right)^{|R|} \left( \frac{m|A|}{|R|} \right)^{|R|/4} \\ &= \left( 4L \left( \frac{|A|/m}{\delta^2|R|} \right)^{1/4} \right)^{|R|} \leq (4L)^{|A|/\delta^2 m} = \frac{m}{4L}, \end{aligned}$$

using the last displayed equation. Therefore for  $d = j - i$  we have

$$\left\| \frac{rd}{m} \right\| \leq \frac{1}{4L-1} \left( \frac{\delta m}{|\hat{A}(r)|} \right)^{1/2}$$

for all  $r \in R$ , where  $\|t\|$  is the shortest distance from  $t$  to an integer. Now  $\operatorname{Re}(1 - e(t)) \leq 2\pi^2 \|t\|^2$  and  $\|jt\| \leq |j| \|t\|$ , so that

$$\begin{aligned} 1 - \frac{\hat{H}(dx)}{2L-1} &= \frac{1}{2L-1} \sum_{j=-(L-1)}^{L-1} \left( 1 - e\left(\frac{jdx}{m}\right) \right) \\ &\leq \frac{2\pi^2}{2L-1} \sum_{j=-(L-1)}^{L-1} \left\| \frac{jdx}{m} \right\|^2 \leq \frac{2\pi^2 L^2}{3} \left\| \frac{dx}{m} \right\|^2. \end{aligned}$$

If  $x \in R$  then, by combining the last two displayed equations, this is

$$\leq \frac{2\pi^2 L^2}{3} \frac{1}{(4L-1)^2} \cdot \frac{\delta m}{|\hat{A}(x)|} \leq \frac{\delta m}{2|\hat{A}(x)|}.$$

The result follows since  $1 + \frac{\hat{H}(dx)}{2L-1} \leq 2$  as  $|\hat{H}(dx)| \leq 2L-1$ . □



*Proof of Proposition 3.* By Parseval's formula, and then Lemma 1 we have

$$\begin{aligned} \sum_n \left| r_{A+B}(n) - \frac{r_{A+dH+B+dH}(n)}{(2L-1)^2} \right|^2 &= \frac{1}{m} \sum_x |\hat{A}(x)|^2 |\hat{B}(x)|^2 \left| 1 - \left( \frac{\hat{H}(dx)}{2L-1} \right)^2 \right|^2 \\ &\leq \frac{\log 4L}{\log(m/4L)} |A| \sum_x |\hat{B}(x)|^2 = \frac{\log 4L}{\log(m/4L)} |A||B|m \leq \frac{\epsilon_2^2 \epsilon_3 m^3}{16L^4} \end{aligned}$$

in this range for  $m$ . (Here  $r_{A+dH+B+dH}(n)$  denotes the number of representations of  $n$  as  $a+di+b+dj$  with  $a \in A$ ,  $b \in B$  and  $i, j \in H$ .) Now if  $g \in A_{L,d}$  then there exists  $j \in H$  such that  $g+dj \in A$ , by definition, and hence  $r_{A+dH}(g) \geq 1$ . Therefore  $r_{A+dH}(g) \geq r_{A_{L,d}}(g)$  for all  $g \in G$ , so that

$$r_{A+dH+B+dH}(n) \geq r_{A_{L,d}+B_{L,d}}(n)$$

for all  $n$ . Therefore if  $N$  is the set of  $n \notin A+B$  such that  $r_{A_{L,d}+B_{L,d}}(n) > \epsilon_2 m$ , then  $r_{A+dH+B+dH}(n) > \epsilon_2 m$  and the above yields

$$|N| \frac{(\epsilon_2 m)^2}{(2L-1)^4} \leq \frac{\epsilon_2^2 \epsilon_3 m^3}{16L^4}$$

so that  $|N| \leq \epsilon_3 m$ . □

Next we prove a combinatorial lemma based on Proposition 5 of [GrRu]:

**Proposition 4.** *For any subsets  $C, D$  of  $\mathbb{F}_p$ , and any  $m \leq r \leq \min(|C|, |D|)$ , there are at least  $\min(|C| + |D|, p) - r - (m-1)p/r$  values of  $n \pmod{p}$  such that  $r_{C+D}(n) \geq m$ .*

*Proof.* Pollard's generalization of the Cauchy-Davenport Theorem [Pol] states that

$$\sum_n \min\{r, r_{C+D}(n)\} \geq r \min(p, |C| + |D| - r) \geq r[\min(p, |C| + |D|) - r].$$

The left hand side here is  $\leq (m-1)(p - N_m) + rN_m$  where  $N_m$  is the number of  $n \pmod{p}$  such that  $r_{C+D}(n) \geq m$ . The result follows since  $p - N_m \leq p$ . □

*Proof of upper bounds on  $S_{k,\ell}(\mathbb{F}_p)$  using Fourier analysis:*

Suppose that  $L$  is given and  $d \leq p/4L$ , and that  $M$  and  $N$  are unions of some of the arithmetic progressions  $I_{i,j}$ . Note that there are  $\leq 2^{p/L+d}$  such sets  $M$  (given  $d$ ), and hence a total of  $e^{O(p/L)}$  possibilities for  $d, M$  and  $N$ .

We now bound the number of distinct sumsets  $A+B$  for which  $A_{L,d} = M$  and  $B_{L,d} = N$  in two different ways:

First, since  $A \subset M$  and  $B \subset N$  there can be no more than  $\binom{|M|}{k} \binom{|N|}{\ell} \leq \binom{|M|+|N|}{k+\ell} \leq 2^{|M|+|N|}$  such pairs.

Second, select  $2\epsilon_1 p \leq \min(|M|, |N|)$  and  $2\epsilon_3 p \leq \max(|M|, |N|)$ . Let  $Q$  be the values of  $n \pmod{p}$  such that  $r_{M+N}(n) \geq \epsilon_1^2 p$ . Taking  $r = \epsilon_1 p$  and  $m = \epsilon_1^2 p$  in Proposition 4, we have  $|Q| \geq R := \min(|M| + |N|, p) - 2\epsilon_1 p$ . By Proposition 3,  $A + B$  is given by  $Q$  less at most  $\epsilon_3 p$  elements, union some subset of  $\mathbb{F}_p \setminus Q$ . Hence the number of distinct sumsets  $A + B$  is

$$\leq 2^{p-|Q|} \sum_{i=0}^{\lceil \epsilon_3 p \rceil} \binom{|Q|}{i} \leq p 2^{p-|Q|} \binom{|Q|}{\lceil \epsilon_3 p \rceil} \leq p 2^{\max(p-|M|-|N|, 0) + 2\epsilon_1 p} \binom{p}{\lceil \epsilon_3 p \rceil}$$

as  $|Q| \geq R > 2\epsilon_3 p$ .

If  $|M| + |N| \leq p/2$  then the number of sumsets is  $\leq 2^{p/2}$  by the first argument. Let  $L = \lceil (\log p)^{1/10} \rceil$  and  $\epsilon_1 = \epsilon_3 = 1/2L$ . If  $|A|, |B| > p/L$  then  $|M| \geq |A| > 2\epsilon_1 p$  and  $|N| \geq |B| > 2\epsilon_1 p$ , so the second argument is applicable; therefore if  $|M| + |N| > p/2$  then the number of sumsets is  $\leq 2^{p/2} L^{O(p/L)}$ . Hence the total number of sumsets  $A + B$  with  $|A|, |B| > p/L$  is at most  $2^{p/2} L^{O(p/L)}$  which implies the upper bound in Theorem 1 (taken together with the argument, for  $\min\{|A|, |B|\} = o(p)$ , given at the end of section 3).

Assume that  $\ell \geq k \geq p/(\log p)^{1/4}$  with  $p - k - \ell \gg p$ . We select  $\epsilon_1 = k/2p \log \log p$ ,  $\epsilon_3 = \ell/2p \log \log p$  and  $L = \lceil (\log p)^{1/20} \rceil$ , so that the second argument above is applicable. Taking  $x = |M| + |N|$  we have that

$$S_{k,\ell}(\mathbb{F}_p) \leq \max_{0 \leq x' \leq 2p} \min \left\{ \binom{x'}{k+\ell}, 2^{\max(p-x', 0)} \right\} (1/\epsilon_3)^{O(\epsilon_3 p)} = 2^{(1+o(1))(p-x)} 2^{o(p)}$$

as in (5). This completes the proof of Theorem 4(ii), combined with the results of the previous section.

Finally, (3) follows noting that  $x \gtrsim p/2$  unless  $k + \ell \sim p/4$ , in which case  $x \sim p/2$ .

## 6 Sumsets in finite fields and the integers

Let  $A \subset \mathbb{F}_p$  be of given size  $k \geq 2$ , and let  $d = \lceil p^{1-1/k} \rceil$ . Consider the sets  $iA$ , the least residues of  $ia, a \in A$ , for  $0 \leq i \leq p-1$ . Two, say  $iA$  and  $jA$  with  $i \not\equiv j \pmod{p}$ , must have those least residues between the same two multiples of  $p^{1-1/k}$  for each  $a \in A$  (since there are  $< (p/p^{1-1/k})^k = p$  possibilities), and so the least residues of  $\ell a, a \in A$ , with  $\ell = i - j$  are all  $\leq d$  in absolute value. Hence the elements of  $d + \ell A$  are all integers in  $[0, 2d]$ ; and  $S(A, \mathbb{F}_p) = S(d + \ell A, \mathbb{F}_p)$  as may be seen by mapping  $A + B \rightarrow (d + \ell A) + (\ell B)$ . Hence we may assume, without loss of generality, that  $A$  is a set of integers in  $[0, L]$  where  $L \leq 2p^{1-1/k}$ .

The case  $k = 2$  is of particular interest since then  $S(A, \mathbb{F}_p) = S(\{0, 1\}, \mathbb{F}_p)$  by taking  $\ell = 1/(b-a)$ ,  $d = -a\ell$  when  $A = \{a, b\}$ .

We now compare  $S(A, \mathbb{F}_p)$  with  $S(A, \{1, 2, \dots, p\})$ . When we reduce  $A + B$ , where  $A \subset \{0, \dots, L\}$  and  $B \subset \{0, \dots, p-1\}$  are sets of integers, modulo  $p$ , the reduction only affects the residues in  $\{0, \dots, L-1\} \pmod{p}$ . Hence

$$S(A, \{1, 2, \dots, p\}) 2^{-L} \leq S(A, \mathbb{F}_p) \leq S(A, \{1, 2, \dots, p\}). \quad (7)$$

Now suppose  $A \subset \{0, \dots, L\}$  is a set of integers. Suppose that  $Mr \leq N < M(r+1)$  for positive integers  $M, r, N$ . We see that

$$S(A, \{1, 2, \dots, N\}) \leq S(A, \{1, 2, \dots, M(r+1)\}) \leq S(A, \{1, 2, \dots, M\})^{r+1},$$

the last inequality coming since the sumsets  $A+B$  with  $B \subset \{1, 2, \dots, M(r+1)\}$  are the union of the sumsets  $A+B_i$  with  $B_i \subset \{Mi+1, 2, \dots, M(i+1)\}$  for  $i = 0, 1, 2, \dots, r$ . In particular for  $m_A(N) := S(A, \{1, 2, \dots, N\})^{1/N}$  we have  $m_A(N) \leq m_A(M)^{1+1/r}$ . This implies that  $\limsup_N m_A(N) \leq m_A(M)$  for any fixed  $M$ , and then  $\limsup_N m_A(N) = \liminf_N m_A(N)$  so the limit, say  $\mu_A$ , exists and satisfies

$$S(A, \{1, 2, \dots, M\}) \geq \mu_A^M. \quad (8)$$

In the other direction we note that if  $B = \cup_i B_i$  where  $B_i \subset \{(M+L)i+1, (M+L)i+2, \dots, (M+L)i+M\}$  then distinct  $\{A+B_i\}_{0 \leq i \leq r-1}$  give rise to distinct  $A+B$ . Hence  $S(A, \{1, 2, \dots, M\})^r \leq S(A, \{1, 2, \dots, r(M+L)\})$  and letting  $r \rightarrow \infty$  we have

$$S(A, \{1, 2, \dots, M\}) \leq \mu_A^{M+L}. \quad (9)$$

Finally, by the inequalities (7), (8) and (9) we arrive at

$$S(A, \mathbb{F}_p) = \mu_A^p e^{O(L)} = \mu_A^p e^{O(p^{1-1/k})} = \mu_A^{p+o(p)}.$$

This proves Proposition 1, as well as the first part of Theorem 3.

## 6.1 Precise bounds when $k = 2$

By the previous section we know that  $\mu_2 = \mu_{\{0,1\}}$ . Now  $S$  is a sumset of the form  $\{0, 1\} + B$  if and only if, when one writes the sequence of 0's and 1's given by  $s_n = 1$  if  $n \in S$ , otherwise  $s_n = 0$  if  $n \notin S$ , there are no isolated 1's.

Let  $C_n$  be the number of sequences of 0's and 1's of length  $n$  such that there are no isolated 1's, so that  $S(\{0, 1\}, \{1, 2, \dots, N\}) = C_{N+1}$ . We can determine  $C_{n+1}$  by induction: If the  $(n+1)$ th element added is a 0 then it can be added to any element of  $C_n$ . If the  $(n+1)$ th element added is a 1 then the  $n$ th digit must be a 1, and then we either have an element of  $C_{n-1}$  or the next two digits are 1 and 0 followed by any element of  $C_{n-3}$ . Hence  $C_{n+1} = C_n + C_{n-1} + C_{n-3}$  with  $C_1 = 1, C_2 = 2, C_3 = 4, C_4 = 7$ . In fact it is easily checked, by induction, that  $C_{n+1} = 2C_n - C_{n-1} + C_{n-2}$  (which is explained by the fact that  $x^4 - x^3 - x^2 - 1 = (x+1)(x^3 - 2x^2 + x - 1)$ , where the higher degree polynomials are characteristic polynomials for the recurrence sequence), and hence  $C_n \sim c\mu_2^n$  for some constant  $c > 0$ , with  $\mu_2$  as in Theorem 3, implying a strong form of the first part of Theorem 3 for  $k = 2$ .

By a more precise analysis we could even estimate the number of sets  $C = \{0, 1\} + B$  with either  $C$  or  $B$  of given size.

## 6.2 Precise bounds when $k = 3$

It is not hard to generalize the procedure for the case  $\{0, 1\}$  to any  $A \subset \mathbb{Z}$  finite, namely to prove that  $\mu_A$  is the root of a polynomial with integer coefficients (and degree smaller than  $2^{2L+1}$  when  $A \subset \{0, 1, \dots, L\}$ ).

In the special case of three elements is enough to deal with  $A = \{0, a, b\}$  for  $a, b$  coprime positive integers. We can show that  $\mu_{\{0,a,b\}} \rightarrow \mu_*$  as  $a + b \rightarrow \infty$ , where we define

$$\mu_* = \lim_{p \rightarrow \infty} \#\{B + \{(0, 0), (1, 0), (0, 1)\} : B \subset \mathbb{F}_p \times \mathbb{F}_p\}^{1/p^2},$$

which one can prove exists, and is  $< \mu_2$ . Therefore either  $\mu_3 = \mu_{\{0,a,b\}}$  for some  $a$  and  $b$  or  $\mu_3 = \mu_*$ . Maple experimentation leads us to guess that  $\mu_3 = \mu_{\{0,1,4\}} = 1.6863\dots$ , a root of an irreducible polynomial of degree 21. All this is detailed in Chapter 3 of the third author's PhD. thesis [Ubi].

## 6.3 Lower bounds on $\mu_k$

That  $\mu_k \geq \sqrt{2}$  follows by choosing  $A = 1 \cup 2A'$  with  $A' \subset \mathbb{Z}$  any finite set. Let  $A_k = \{1, 3, \dots, 3^{k-1}\}$ , and write  $B \subset \{1, 2, \dots, 3n\}$  as  $B = 3B_0 \cup (3B_1 - 1)$  with  $B_0, B_1 \subset \{1, 2, \dots, n\}$ . Since  $A_{k+1} = 1 \cup 3A_k$  we have

$$(B + A_{k+1}) \setminus 3\mathbb{Z} = (3(B_1 + A_k) - 1) \cup (3B_0 + 1),$$

which shows that  $S(A_{k+1}, \{1, 2, \dots, 3n\}) \geq S(A_k, \{1, 2, \dots, n\}) 2^n$ , and so

$$\mu_{A_{k+1}} \geq 2^{\frac{1}{3}} \mu_{A_k}^{\frac{1}{3}}.$$

Since  $\mu_{A_1} = 2$ , an induction argument implies  $\mu_k \geq \mu_{A_k} \geq 2^{1/2+3^{1-k}/2}$ , which gives the lower bound for  $\mu_k$  in (2).

## 7 A non-trivial bound for fixed $k \geq 2$

Let  $A$  be any set of given size  $k \geq 2$  in  $\mathbb{F}_p$ . For any two distinct elements  $a, b \in A$  we can map  $x \rightarrow (x - a)/(b - a)$  so that  $0, 1 \in A$ , and this will not effect the count of the number of sumsets containing  $A$ .

The number of sumsets  $C = A + B$  with  $B \subset \mathbb{F}_p$  is obviously bounded above by

$$\begin{aligned} & \#\left\{B : |B| \leq \frac{2p}{5}\right\} + \#\left\{C : |C| \geq \frac{3p}{5}\right\} \\ & + \#\left\{C : \exists B : \frac{2p}{5} < |B| < |C| < \frac{3p}{5} \text{ and } B + \{0, 1\} \subset C\right\}. \end{aligned}$$

The first two terms have size  $\leq 2p \binom{p}{\lfloor 2p/5 \rfloor}$ , the third requires some work: We observe that such  $C$  must have at least  $2p/5$  pairs of consecutive elements; so if  $c$  is the smallest integer  $\geq 1$  that belongs to  $C$  then we suppose that  $C = \cup_{k=1}^m (c + I_k)$  and  $\bar{C} = \cup_{k=1}^m (c + J_k)$  where  $I_1, J_1, I_2, J_2, \dots, I_m, J_m$  is a partition of  $\{0, \dots, p-1\}$  into non-empty set of integers from intervals taken in order. Any such set partition will do provided, for  $i_k = |I_k|$  and  $j_k = |J_k|$ , we have each  $i_k, j_k \geq 1$ ,

$$\frac{3p}{5} \geq \sum_{k=1}^m i_k \geq m + \frac{2p}{5},$$

since  $|C| = \sum_{k=1}^m i_k$  and  $\sum_{k=1}^m (i_k - 1) \geq |B|$ , and  $\sum_{k=1}^m i_k + \sum_{k=1}^m j_k = p$ . Now there are  $\leq p$  possible values for  $c$ , and the number of possible sets of values of  $i_k$  such that  $\sum_{k=1}^m i_k = x$  is  $\binom{x-1}{m-1}$ , and of  $j_k$  is  $\binom{p-x-1}{m-1}$ . Therefore the number of possible such  $C$  is

$$\begin{aligned} &\leq p \sum_{m \leq p/5} \sum_{2p/5 + m \leq x \leq 3p/5} \binom{x-1}{m-1} \binom{p-x-1}{m-1}. \\ &\leq p^2 \sum_{m \leq p/5} \binom{p-2}{2m-2} \leq p^3 \binom{p-2}{\lfloor 2p/5 - 2 \rfloor} \ll p^3 \binom{p}{\lfloor 2p/5 \rfloor}. \end{aligned}$$

(Note that  $\binom{a}{b} \binom{c}{d} \leq \binom{a+c}{b+d}$  follows from defining  $\binom{a}{b}$  to be the number of ways of choosing  $b$  elements from  $a$ .) Hence the number of sumsets  $A + B$  is  $\ll p^3 \binom{p}{\lfloor 2p/5 \rfloor} = e^{p+o(p)}$  where  $c = (5^5/2^2 3^3)^{1/5} = 1.960131704\dots$ . This implies the bound  $\mu_k \leq c$  for all  $k \geq 2$  of Theorem 3; and we deduce the last part of Theorem 3 immediately from this taken together with Theorem 1.

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